

R.S.V.P/REGISTRATION FORM for
LIGHTEN YOUR LIFE Treat Weekend

_____ YES, I would love to attend the treat!

Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Phone Numbers: Day: _____ Evening: _____
E-mail Address: _____
Guest Name(s): _____

I would like to make _____ reservations:

___ Conference and room \$150* ___ Just conference \$100

*Save \$25 for each additional person in the room up to four total guests.

LIGHTEN YOUR LIFE WORKSHOP SCHEDULE

Please check the workshops you would like to attend.

10:00am -10:45am Workshops

- ___ The Joy(?) of Parenting - Joan Burney ___ Journaling - Rebecca Rotert, Author
___ Reflexology - B.J. Dennis, B.J.'s Crossing.Country Spa Treat ___ Entertaining Made Easy - Muffy Vrana
___ Women, Empowerment & Self-Esteem - Chris Carberry ___ Laugh Your Abs Off - Hope Colt

11:00am -11:45am Workshops

- ___ Survivor: How to Successfully Navigate the Investment Wilderness - Cella Quinn
___ Laugh Your Abs Off - Hope Colt
___ How to Create a Web Site - Deb Bridges, dbresults ___ The Joy of Loving Yourself - The Fun Nun
___ Pet Care - Trevor Bassen, Canine Consultants ___ Grandma Donut Hole - Gizella Balla
___ If It's Broke, Fix It - Home Repair - Kathy Burney ___ The Art of Faux Finishing - Tyne O'Keefe

1:30pm - 2:30pm Workshops

- ___ Women & Aging - Ruth Thone, Author ___ Photo Magic - Deb Bridges
___ Acquiring the Millionaire Mind - Cella Quinn ___ Life Rocks! - Enlighten your load - David Delange
___ Grief Relief - Angela Briganti, Grief Counsel ___ I am Woman - See me Juggle - Doane College, Lincoln
___ Business Savvy - Paula Pace, Executive Speaker Inc. ___ Wine Appreciation - James Arthur Vineyard

2:45pm - 3:45pm Workshops

- ___ What My Mother Didn't Tell Me About Men - Shirley Luet ___ Health Panel
___ You're Not Getting Up 'til this Novel is Done! - Rebecca Rotert, Author ___ Amnesty International

___ Yes, I would be interested in a massage at additional cost.
(Appointments will be scheduled at registration)

Please print and fill out the registration and return with check made out to Lighten Your Life. You will receive confirmation of your registration. There will be a \$25 deposit retained if there is a need to cancel.

Send Registration and Check to:

Lighten Your Life
P.O. Box 22007
Lincoln, NE. 68542

For information call (402)423-4444 or visit us at lightenyourlife.com.
(feel free to photocopy if you need more registration forms)